



InC.A.S.E.

The Center for Adoption Support and Education, Inc.

an adoptive family support center

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 We have weekend hours

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Lifelong Connections – The Greatest Gift I Ever Gave My Girls

By Veronica Kerr

“What? Will you repeat that please?”

I asked the clerk at the American Embassy in Moscow in disbelief. She repeated the statement, adding more detail this time.

“Maria and Olga have a sister who is five years older. She is a half sister; they have the same mother but different fathers.”

My husband and I exchanged shocked glances as we tried to figure out what to do next. We did not have a translator to talk to Maria and Olga – our new daughters – because there wasn’t room in the car for another person. An extensive range of thoughts swirled through my brain. My emotions quickly fluctuated between sadness, disbelief and anger – intense anger at the people involved and at the system. Why weren’t we told about their sister earlier? Although she was too old to adopt, someone should have told us about her. I didn’t know what to do next.

My immediate thought was to go back to their village, an 8-hour drive, so that the girls could say good-bye to their sister. However, we still had to register the girls at the Consulate and finalize other details before flying back to the U.S. in two days.



Veronica Kerr (left) and her daughters (far right) took a trip back to Russia, to reconnect with their sister (center), nieces and other family and friends.

I consoled my confusion by thinking about what the clerk said next. “Their sister is much older and they probably were not close, maybe they didn’t even know each other well.” Allowing that thought to take hold in my mind was a mistake.

Seven long years passed before we were able to take the trip back to Russia to reconnect with their sister, who now has two beautiful daughters of her own, Olga and Vika. Those seven years were filled with sadness, confusion, anger and longing for both of my daughters.

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Message from the Executive Director



2008 marked The Center for Adoption Support and Education’s 10th year anniversary for providing support to the adoption community. Even though we’re only halfway through this exciting celebratory time, the year has been packed with notable activities and accomplishments.

We’ve partnered with national organizations, including The Dave Thomas Foundation, Jockey International/Jockey Being Family, Casey Family Services and The Freddie Mac Foundation on major initiatives to improve the delivery of support services to adoptive families. Through their funding, we have spearheaded efforts to gather prominent experts in the field of adoption in order to develop and implement a standard-

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Message from the Executive Director

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ized training program designed to provide mental health practitioners with the requisite adoption competencies to offer quality mental health services to adoptive families. Our goal is to enable mental health therapists across the country (and someday around the world) with the knowledge base to really understand the complexities inherent to adoption, and to effectively address the needs of adoptive families from every adoption experience. In addition, we have launched a comprehensive evaluation protocol to assess the impact of C.A.S.E.'s adoption therapeutic model with adopted children and their families.

We believe the findings from both of these projects will have far-reaching impacts upon the field of adoption.

And, while we work on issues of a national scale, our focus will never leave home. C.A.S.E. is more committed than ever to expanding our services, publications, workshops and resources to families in Maryland, Virginia and Washington, D.C.

We will be expanding the space in our Maryland office to serve more families and begin exploring Maryland satellite offices. Virginia families: As we assess the relocation of our Burke, VA office, please let us know where you think we need to be. If you live in Northern VA, or know an adoptive family, participate in our online survey. The easy 2-minute survey will help us pinpoint where you need C.A.S.E., the services and programs you want and the best hours for families. In addition, C.A.S.E. will begin to offer Kids Adoption Network Groups in Charlottesville this fall! For details, check the website.

There's great news for Maryland adoptive families, too. Thanks to Delegate Jolene Ivey, (Prince Georges County), a bill was passed to create The Post Adoption Pilot Program enabling Maryland adoptive families whose adoptions were consensual and who are in need of specialized support to request post adoption support services and

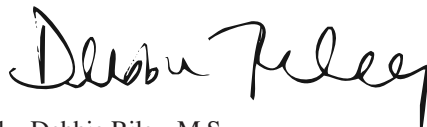
receive a referral from local DSS to community providers, such as C.A.S.E. Costs for services will be paid by the State for qualified families. (For a link to DSS contacts, see our website.)

We are also pleased, proud and excited to announce that C.A.S.E. is in the final stages of publishing a brand new publication: *W.I.S.E. Up! for Children in Foster Care*. Thanks to the Mead Foundation, this much needed empowerment program (which has helped more than 10,000 adopted children) has been tailored to the specific needs of children in foster care.

At any given time, there are approximately 500,000 U.S. children in foster care. Of those, an estimated 130,000 are waiting for a permanent, loving home. Families and relative care-givers support children who are coping with a range of experiences, including past abuse, neglect, separation, loss and/or grief. They need support helping vulnerable children cope with troubled pasts and adjust to new opportunities for family security and stability. All foster children need simple, effective tools to identify and manage their feelings. So, too, do their social workers, school counselors, teachers and other mentoring adults. C.A.S.E. is excited and proud to make *W.I.S.E. Up! for Children in Foster Care* available to them.

To reserve a copy at the pre-published rate of \$10.50 (regular rate \$15), for yourself or to donate to a family or professional, go to our online bookstore, or e-mail Michelle Arbogast at arbogast@adoptionssupport.org by Sept. 30, 2008. (October delivery date expected.) Our mission remains constant, and with your generosity, our reach will continue to grow.

Sincerely,



Debbie Riley, M.S.

Help Us Receive Two Important Challenge Grants!



The **Columbia Foundation** has awarded a **\$2,500 challenge grant** to support our work with low-income, at-risk children and families in Howard County. If we can raise \$2,500 for this purpose, the Foundation will match it! We are well on our way, thanks to many Howard County families and businesses supporting this project, but help is still needed.



The **James and Carol Trawick Foundation** has issued a \$20,000 challenge grant! If we can raise \$20,000, they will provide matching funds for post-adoption services for families who have adopted from the Montgomery County child welfare system. This grant will enable adoptive parents to address problems that threaten family stability and will teach children to manage difficult questions about adoption while building self-esteem.

We can only meet these challenges with your help. Now is the best time to give to C.A.S.E., since every gift will be matched dollar-for-dollar. Please send your check or give online at www.adoptionssupport.org/getinv/index.php. Remember to specify which project you want to support. We'll keep you informed of our progress.

Lifelong Connections – The Greatest Gift I Ever Gave My Girls

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Two weeks after they arrived in the U.S., Maria turned thirteen years old. Olga turned twelve one month later. They had so many memories – so many connections to their country and their culture – that I could not, and did not want to, ignore them. We encouraged our girls to maintain fluency in their language by buying books and movies and magazines and I immediately began planning for the eventual trip back to Russia.

We hired a translator and encouraged the girls to keep in touch with their sister, Julia, as well as with friends and teachers at the orphanage. Through letters, we confirmed the sad news that both of their biological parents had died while they were in the orphanage, leaving a void in their lives and hearts that will never be filled.

Maria and Olga received their first letter from Julia, three short months after arriving here. It came on the last day of school before summer and included a phone number for Julia's neighbor, since she did not have a phone of her own. What joy that letter brought to my daughters, lighting up their faces in a way I had not seen in those first three months!

And so the years passed, passed with much happiness and great sorrow, but passed with letters exchanged, phone calls shared and shopping trips made for Julia and her daughter, Olga. In fact, packing those gifts and waiting in line at the post office to send them off provided some wonderful memories for us all, as we waited for the day when we could travel to Russia. And what a day that finally was this past March. A day filled with excitement and anxious anticipation of what was to come, what was to be uncovered, and how we would react to it all.

The trip home to Russia not only enabled reconnection with their past but allowed the formation of new and vital connections for their future; connections with their brother-in-law and two precious nieces.

In many ways, it was a difficult trip that evoked a range of emotions in all of us – emotions that we knew were likely and that we had prepared for as best we could, thanks to the help of Debbie Riley, our girls' counselor for the past five years.

Seeing their sister brought tremendous joy, of course. Visiting their parents' gravesites, the saddest scene I have ever witnessed, enabled Maria and Olga to continue to put closure to those crucial relationships. Visiting the home where they grew up was a scene of mixed emotions: a combination of happy and horrific memories that allowed all three sisters to re-experience, talk and console one another, while standing on the sites that shaped their lives. And, when it was time to return, saying good-bye to her and her family consumed us all with profound sadness.

Even so, the photos and movie of our trip to Russia reassure me that I made the right decision by encouraging and supporting my daughters' connections to their country, their culture, and to their family and friends. And while it is true that being there uncovered old, haunting memories it also provided my girls with beautiful new memories. Each memory and every moment is instrumental to their healing from the serious trauma of their early lives.

I am grateful that our trip provided healing and much-needed closure for Maria and Olga and sad to think that a lot of anguish may have been alleviated, had I been able to follow my heart on that cold, confusing day. Taking them back in March, 2008 was the best gift I have ever given to them.

I was blessed with daughters who came to me with a past that I couldn't ignore, didn't want to ignore and that they wouldn't let me ignore. And I am glad I followed my heart this time around.

Thinking about **TAKING A TRIP** *to visit your* **CHILD'S BIRTH COUNTRY?**



*Register
for our workshop,
“MAKING BIRTH
COUNTRY
CONNECTIONS”
this October!*

Connections in Adoption

By Ellen Singer, LCSW-C

My 21 year old daughter by adoption cannot imagine a time without computers – especially the Internet, cell phones, blackberries, text messages, instant messages. Through advances in technology, the television ads point out how easy it is to “remain connected.” We constantly hear about how “small the world is” because of our ability to easily travel anywhere, anytime. Scientific advances make it possible to determine biological connections. You can send in a sample of your DNA and see where in Africa your lineage began. People are interested in tracing their ancestry. For those of us in the world of adoption, these advances, in addition to our growing appreciation of the importance of connections – to birth family, to heritage, to culture, to country, have had a profound impact.

While still controversial, the adoption field has been steadily moving in the direction of the recognition of the importance of these connections in the lives of all who are touched by adoption. Emotional well-being, healthy growth and development are all promoted through these vital connections. In domestic private agency or independent adoption, an adoption without some form of contact between birth and adoptive family members is becoming rare. Even in public domestic adoptions, where children have been removed from their families and adopted through foster care, continued contact with birth family which was once unheard of is changing as well. Children continue to have visitation with birth parents and more effort is being made to maintain sibling relationships when siblings are living with different families. In international adoption, families are returning to birth countries with their children, sometimes visiting the orphanages, foster families and reuniting with birth family...something unimaginable years ago. Sometimes the connections are with birth parents,

sometimes it is with grandparents, sometimes it is with siblings, sometimes with other extended relatives.

The fact is that there is no one right way and no one right time for these connections to happen. Adoptive parents used to say, “You’ll meet your birth parents when you’re 18 or 21. That’s the way it’s done.” Not so anymore. In domestic adoption, some families continue the contact and build their relationships right from the start – from birth. Others write letters, send e-mail, phone calls, cards, pictures and meet at some point as their child grows, often in middle childhood. Some establish contact during adolescence. Connections are not a one-size fits all experience. In international adoption, some families are fortunate to continue correspondence with orphanage staff, foster families and birth family. They travel back with their children at all ages — taking multi-family birth country tours arranged through agencies and adoption-related groups or on their own. Adults of all ages are pursuing contact when the time is right for them. Some adults initiate contact, some decide to make contact after being found by birth family members and others travel back to their country of origin to reunite with their birth family.

The reality remains, however, that for some, actually connecting or building a relationship with one’s birth family is either unlikely, impossible and even undesirable for any number of understandable reasons. Even so, it is possible and vitally important to honor a child’s connections to their past in other ways. Information means so much to our children, even when it involves pain and difficulty. We cannot stress enough the

importance of helping your child connect to their racial, cultural heritage. Yes, they are now American; but they are also Korean,

Chinese, Russian, Guatemalan, etc. And, yes, race matters. Not in terms of love, but certainly with regard to a child’s positive, healthy identity formation and self-esteem. Parents in transracial adoptive families are learning the importance of helping their children connect with members of their race – engaging in

social activities to foster these connections and allow for the development of significant relationships.

The need for families to connect with each other is clearly demonstrated by the number of support groups that exist – especially those that connect children who were adopted from the same country. Culture camps for adopted children help to foster these important connections as well. Adult adoptees connect through support groups and web-based communication, as well.

Last but not least certainly – are the connections within our families – keeping them strong and healthy requires love, commitment and hard work. The ways we honor the connections important to each family member must be, without a doubt, part of that love and commitment.

Each November, C.A.S.E. is pleased and proud to host adopted children, teens and families of all adoption experiences for a full day of personal connection: The Kids Adoption Network (K.A.N.) Carnival. This year’s theme is Journey Into the Rainforest: Building Connections in Adoption. Look for information in the mail and on our website!

THROUGH ADVANCES IN TECHNOLOGY, THE TELEVISION ADS POINT OUT HOW EASY IT IS TO “REMAIN CONNECTED.”

National Survey Will Benefit Transracially Adopted Youth: Parents and Teens Encouraged to Participate

C.A.S.E. and University of Maryland's Department of Family Science are conducting a national survey of transracially adopted adolescents and their families. The specific focus of the study is to examine the impact of family characteristics on the overall adjustment, self-esteem and racial identity of racial minority youth adopted by white parents.



If the parent or parents in your family are white and there is at least one racial minority adopted adolescent, age 14-18, who was placed with the adoptive family by the age of 3, you may qualify for this study and are strongly encouraged to inquire.

Both parent and child will be asked to complete a confidential online survey (20 minutes). Adolescents who complete the survey will receive a \$10 iTunes gift card.

For more information about participating, call Dr. Leigh Leslie at 301-405-4011 or email her at lleslie@umd.edu

Catalogue for Philanthropy to feature C.A.S.E.!



GREATER WASHINGTON

The Catalogue for Philanthropy, an annual guide to giving for the Washington region, will feature C.A.S.E. this year! Published by the Harman Foundation, the catalogue reaches more than 30,000 individuals and families each November. Approximately 60 local charities, selected by a panel of qualified reviewers for their distinction, merit, cost-effectiveness, and accomplishment, are chosen each year. We are honored to be among this group!

To request a copy, visit: <http://www.catalogueforphilanthropy-dc.org>. Please say you heard about the Catalogue through C.A.S.E.!

STAFF HIGHLIGHTS:

Our workshops and training programs for professionals, parents and families are nationally recognized. Find out how you can have C.A.S.E. present or speak at your event. Call Valerie Kunsman.

SEPTEMBER

Beyond Placement: Understanding Tasks of Adoptive Families Anne Arundel DSS and One Church One Child, Richmond

Impact of Adoption – JSSA, Rockville, Md

Beneath the Mask: Understanding Adopted Teens – Arizona Division of Children, Youth & Families

OCTOBER

Beneath the Mask: Understanding Adopted Teens – Family Builders by Adoption, Oakland, CA and St. John's University, Jamaica, NY

NOVEMBER

W.I.S.E. Up! – for Families Caring for Children, York, PA

Meet Sean Delehant, LCPC

An adoption therapist who specializes in working with teens, Sean Delehant, LCPC, CP joined C.A.S.E. in 2005.

He began work in the field at a psychiatric hospital in New York 20 years ago, earned his graduate degree in Clinical and Community Psychology and is a licensed Clinical Professional Counselor in Maryland and Washington, D.C. In addition, Sean is certified in psychodrama, sociometry and group psychotherapy.



Sean recently completed supervisory level training in Trauma-Focused Cognitive Behavioral Therapy, a systematic treatment approach, grounded in cognitive-behavioral therapy, for traumatized children and their families.

TF-CBT sessions provide a comprehensive framework for assessing post-traumatic stress disorder, depression, anxiety, and other symptoms, developing a flexible, individualized treatment plan, and working collaboratively with children and parents to build core skills in such areas as affect regulation and safety.

He is also a Love and Logic Parent Facilitator (for more about this see the program calendar).

"I especially enjoy working with teens," says Sean. "They are smart and creative, serious and sensitive and fun. Sometimes kids ask me, 'How can you stand working with kids like me?' I tell them it's the best job in the world."



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THE CENTER FOR ADOPTION SUPPORT AND EDUCATION

Fall/Winter 2008 Schedule Calendar

An Adoptive Family Support Center

5 EASY WAYS TO REGISTER!

1. Register online at www.adoptionsupport.org (see Program Calendar)
2. Call 301-476-8525
3. Fax the form to 301-476-8526
4. Email caseadopt@adoptionsupport.org
5. Mail your form today!

SPECIALTY WORKSHOPS:

Unless noted otherwise, all workshops are held at the C.A.S.E. Office in Burtonsville, MD.

Child care, for ages 3 and older will be available for \$10.00/child, if pre-registered.

AD/HD and the Adoptive Family

Monday, Sept. 15 (7:00pm – 9:00pm)

Research indicates that children and teens who were adopted are 40% to 80% more likely to have AD/HD – a condition that affects school performance, peer relations and day-to-day family interactions. Discover how to help your child with structure, support and accountability. Led by AD/HD Coach Julie Bulitt, LCSW-C, this powerful workshop will arm you with proven strategies for managing AD/HD children and teens ages 5-17. Plus learn about C.A.S.E.'s new groups to support kids with AD/HD beginning this fall. Fee: \$ 35/family/ (90 minute workshop, 30 minute Q&A.)

Telling the Truth: How and When to Share Difficult Information with Your Adopted Child

Thursday, Sept. 25 (7:00pm-8:30pm)

A follow-up to last spring's workshop, *Talking with Children About Adoption*, this session will address attendees' specific questions and concerns regarding "what, when and how" to share sensitive information with their adopted children and will provide guidance on how to help them cope with the difficult aspects of their adoption stories. OPEN to all adoptive parents. Led by Ellen Singer, LCSW-C, \$35 per family.

Love and Logic: Teaching Children Responsibility

Sat., Oct. 11 AND Sat., Oct. 18 (9:00am – 3:30pm)

Back by popular demand! Tired from constant battles with your children over broken rules and ineffective limit setting? Help is here! Love and Logic teaches effective parenting without the power struggles. Developed by internationally recognized child psychiatrist Foster Cline, M.D. and leading educational consultant Jim

Fay, this seminar uses videos, books and interactive lecturing to strengthen parents' ability to raise children to become self-confident, motivated and equipped to cope with the real world. Day 1 explores concepts of effective parenting and the program's principles. Day 2 offers concrete strategies for dealing with problematic behaviors, and teaching responsibility and healthy control. Lunch included both days. Fee: \$150.00/person or \$200/couple. (No child care.)

Beneath the Mask: Understanding Adopted Teens

Wednesday, Oct. 15 (7:00pm – 9:00pm)

Location: RRUUC, 6301 River Road, Room 3031 Bethesda, MD 20817

Adoption influences and intensifies the normal tasks all teens must accomplish: identity formation, separating from parents, decisions relating to sexuality/peer relations and embracing one's racial identity. Struggling with the extra layer of challenges as they try to make sense of their adoption experience can trigger mild and sometimes serious emotional/behavioral issues for adopted teens – at home and in school. Debbie Riley, M.S., Executive Director of C.A.S.E., author of the nationally acclaimed book, *Beneath the Mask: Understanding Adopted Teens* and award-winning expert on adolescent mental health will team with Dr. Leigh Leslie, researcher and teacher specializing in race and gender issues and Associate Professor for the University of Maryland's Family Science Department to facilitate this compelling workshop. Fee: \$35/family. (No child care.)

Making Birth Country Connections

Thursday, Oct. 16 (7:00pm – 9:00pm)

Thinking about taking a trip to visit your child's birth country? Whether it's now or in the future, there are multiple factors that adoptive parents need to consider! Find out what they are and how to plan for a successful trip. Maureen Evans, an adoptive parent of four grown children adopted from the U.S. and Ethiopia, will help parents identify the needs of adoptive children, with respect to their cultural identities – and the needs of parents in multicultural families. With more than 20 years' experience presenting workshops and writing about adoption and foster care issues, Ms. Evans will help parents identify their options, explore the benefits and address common concerns relating to making birth country connections. A Self-Analysis/Readiness checklist for parents will be provided. Fee: \$35.00 per person/family.

Mental Health Issues in Adoption (for Professionals)

Friday, Oct. 31 (9:00am – 12:30pm)

Designed especially for professionals, this half-day workshop will help to increase clinicians' understanding of inherent developmental issues that impact children and adolescents as they embrace their personal adoption experiences. Led by Debbie Riley, M.S. (C.A.S.E. Executive Director and author of *Beneath the Mask: Understanding Adopted Teens*), professionals will find out why the process of forming one's identity is more complex for adopted children. In this interactive workshop, you will learn about the "Six Common Adoption Stuck Spots" and how they manifest at home and at school. Learn effective treatment strategies and gain a broader understanding of how post-adoption support services benefit families and how to identify children who need specialized support. Light refreshments and coffee included. Fee: \$50 per attendee. CEUs available. No child care.

W.I.S.E. Up! Empowerment Program for Parents and Kids in grades 1-6

Sunday, Nov. 2 (2:00pm – 4:00pm)

Location: Jewish Social Service Agency, 200 Wood Hill Road, Rockville, MD

Most adopted children are asked questions about being adopted; yet few are equipped to respond. For some, it begins as early as age 3: *Why don't you look like your mom?* For others, not until age 6 or 7: *Why were you adopted? Where is your real mother?* Empowering your child with the W.I.S.E. Up! program helps them handle the comments and questions of others AND teaches them that they can decide if, when and how to share their adoption story. Led by Ellen Singer, LCSW-C and Valerie Kunsman, MSW. \$65/family. (No child care.)

See
Registration Form
on back panel!
CALL NOW!
(301) 476-8525

Childcare is for ages 3 and older.

Programs are free to families who have adopted children through Montgomery County DHHS or who are part of the Virginia Adoptive Family Preservation program.

All workshops require pre-registration.

**Journey Into the Rainforest:
Building Connections in Adoption
13th Annual Kids Adoption
Network (KAN) Carnival**

*For adopted children/teens (grades 1-12)
and their parents.*

**Saturday, Nov. 15 (9:00am – 4:00pm) U.MD
Shady Grove Center, Rockville, MD**

Join us as we celebrate National Adoption Awareness Month with other adoptive families! This year's theme will explore how we are all connected to each other – and why the human desire to make connections to family, friends, other countries and cultures around the world is important to our well-being. The full-day event, which includes interactive workshops for adopted kids and teens and their parents, culminates in a Kids' Carnival. Also Featured: a live performance by DCypher Dance, an adult hip hop and fusion company. The parent program will include presentations, videos and a panel discussion from the members of the adoption circle highlighting diverse connections such as siblings, birth country, and birth families. Space is limited. Please register early. The K.A.N Carnival is generously funded by the Freddie Mac Foundation and the Dave Thomas Foundation. Look for registration materials mid-September!

**Ages & Stages: Adoption Awareness
in the Preschool Years**

Thursday, Dec. 4 (7:00pm - 8:30pm)

Every child develops at his or her own pace. Yet there are predictable milestones (cognitive, emotional and social) that all parents are eager to learn about. Did you know there are also Adoption Awareness milestones? Designed for parents of preschoolers (ages 0-5) this workshop explores the milestones that adoptive parents can expect their children to experience: From first noticing differences, to asking simple questions, to processing the concept of "being adopted" and much more. Discover where you are now, and where you're headed next! You'll get proven tips on how to begin talking about adoption and take home a recommended, adoption-sensitive reading list for children in this age group and some coloring papers for your children. Fee: \$35/family.

ONGOING GROUPS & MEETINGS

You're Never Alone: It Takes a Village

**Meets the first Wednesday of every month
7:00 p.m – 9:00 pm**

Raising a challenging teen/young adult with serious behavioral or emotional challenges? Join the parent support group especially for you. Debbie Riley and Kathleen Dugan lead this invigorating group. Connect with those who understand your challenges, get effective parenting strategies and learn what community resources are available to help you take control. Monthly attendance strongly encouraged! Fee: \$25.00/session. (Free to families that adopted through Montgomery County DHHS.)

TEEN Group

Tuesday evenings - 7:00pm – 8:30pm

Register now for our Fall group especially for teens aged 12-18. Actual start date will be determined once interviews are complete. There will be eight group sessions for teens and three group sessions for parents, concurrently. For more information and to schedule an interview, call Sean Delehant, LCPC. Fee: Teens \$75 per session. (Parents \$40/session).

**Kids' Adoption Network Group
(Maryland & Virginia)**

This popular 8-week series encourages children (elementary and middle school grades) from various adoptive backgrounds, to engage in art, games and discussions that explore their feelings about adoption. The children will learn the skills they need to field and manage questions and comments about being adopted. Pre-assessment is required. Fee: \$50 per child/per session. For more information and to schedule an assessment, see below:

Maryland

Grades 3 and 4
Starts Weds., Sept. 24 (6:30– 8:00pm)
Call or email: kunsman@adoptionsupport.org

Virginia

Call 703-425-3703 for details
Start date: Fall
Location: C.A.S.E. Office, Burke, VA
Call or email Mari Itzkowitz
(itzkowitz@adoptionsupport.org)

Going Green

C.A.S.E. has always been green. And we've always loved trees. (see our logo?)

But, it's time to do more for our environment.

Now you can sign up to receive your quarterly issue of InC.A.S.E electronically. Here's how:

Go to www.adoptionsupport.org, click on e-Newsletters (in the left hand column). Click the link that says, "I want to Go Green with my print newsletter," and complete the request form.

Enter your mailing label information and tell us what e-mail you want us to use, and your paperless verions will arrive faster than ever.

Going Green helps C.A.S.E. too. Receiving your free issue electronically saves us thousands of dollars in print, production and postage fees! Thank you!

Still want the paper version, but need to make changes? You can use the online request form to update your information.



All workshops require pre-registration.

The Center For Adoption Support and Education, Inc.
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**SIGN UP FOR OUR
E-NEWSLETTER BY VISITING
OUR WEBSITE!
GET NEWS AND TIPS!**

Workshops Registration Form

Workshop:

Workshop Date:

Name:

Street Address:

City:

State:

ZIP:

Daytime Phone:

eMail Address:

Number of Attendees:

Ages for Childcare:

Grade:

Total Enclosed:

Form of Payment: VISA: MasterCard: Discover: AMEX: Check: *Make checks payable to: C.A.S.E.*

Name on Card:

Card #:

Exp. Date:

Signature: